

Rules of Engagement

As part of an educational process for physicians as well as employers and even patients we wanted to devise an easy to learn format to help train folks in what it takes to have a healthy workforce. A 4-6 player with one "player" is selected to be the facilitator who keeps track of who landed on which square and helps the others proceed and judges each participants "knowledge" of the particular

#1 Start
PEE IN A CUP is what we were going to call the game but choose not to just so some folks would not get too pissy. Not to mention the risks of spillage.

#2 Collection Site Issues
Many things can happen at the collection site (and before if you want to try to fool a test - but please don't try). That way you do not have to try to warm up the specimen you snuck in. We can tell if its too hot! **Discuss what you know about trying to fool a drug test.**

#3 GCMS machine at the lab
A "non negative screen" needs to be confirmed by a GC/MS machine on the mainland. So think twice about testing where the labs are "batched" (done all at once at the end of the day) and adds an extra day in the process! That's why we do some day testing and get your results in 5 minutes or the next day. **Discuss Drug testing rules and regs.** Bonus Points if you can draw the chemical structure of THC!

#4 MRO call the Donor (PICK A CARD)
Medical Review Officer's get to hear. Excuses card and read the "excuse" out loud. Discussion of excuses with the other players is encouraged before looking at the MRO's interpretation. (see the sample in the bottom right)

#5 Isomers and Other MRO Issues
Shy bladder is not what you think (can't pee next to someone else). **Discuss other drug testing result and issues and why you need an MRO.**

#6 FREE tie Dye T-shirt with negative test!
Not exactly the shirt off our back (that would be yucky!). **Discuss where you have seen this new standard in drug free certification.** Hopefully your workforce!

#7 The Medical Corner
Discuss your knowledge of The Medical Corner it's people and history.

#8 Physical Exams
Discuss the types of exams we do at The Medical Corner. Can you name an exam that we perform at the Medical Corner e.g. School Physical. What constitutes the exam and who might need them.

#9 Labs
Discuss the labs we do at The Medical Corner. What labs do we do at The Medical Corner? What do certain folks need for OSHA surveillance?

#10 Tests
Discuss annual pre & post exposure OSHA surveillance tests & procedures.

#11 Immunizations (PICK A CARD)
Discuss immunization programs. Pick a Hold on Hire card allows for discussion of the many reasons why an applicant's hiring should be "put on hold."

#12 Attendances (PICK A CARD)
Many employers are plagued by employees who call sick and adversely impact the organizations performance. Nurses and police just must be there. Pick an Attendance card and **read aloud the excuse** and see if it is acceptable. Having an easy care plan for discounted health care can help.

#13 Recognizing Patterns of abuse
After you have heard enough lame excuses you some time see a pattern. **Discuss how to identify patterns of absence.** We can tell you what to do about them

#14 Easy Cares
Discuss how having a discount medical plan can save your uninsured employees and company money. We call it Easy Care and office visits start at \$40.

#15 FMLA
Discuss the FMLA eligibility rules and regulations. Employees of 50 or more employees provide 12 weeks unpaid job-protected leave to eligible employees. We can help determine who is eligible and if the medical condition satisfies the requirements.

No one can put a value or number on Wellness!

#16 Fittest CEO
The Medical Corner has sponsored Hawaii Business magazine's Fittest Executive contest and this year we will do a Healthy Company Contest. Dedication to Fitness begins at the top. **Discuss how to make your boss sweat!**

#17 Industrial Athletes
Discuss how your company can better equip and reward those employees whose jobs require strength, agility,

and stamina and look for every edge to stay competitive on the job. Their dedication makes them better able to tackle physically demanding tasks.

#18 Health Fair
Discuss what you want to do at your next health fair. Keep in mind the Health Risk Assessments identify employees likely to be increasing your organization's health insurance costs.

#19 Flu shot with the Flu Crew
Discuss what you would do if half your staff... or 1 week or more. Could you function? (The Medical Corner's flu crew can come to your work site and provide additional onsite services too).

#20 Meet the Company Doctor
We employ nurse practitioners and Physician Assistants as well as Medical Assistants and Administrative Staff who are all dedicated to the Company Doctor Program to keep your costs down and production up by keeping your employees healthy. This Loyalty

program rewards companies who try to use us exclusively with additional services at no charge and discounts on those they use every day. It also allows for additional reporting and results tracking. **Discuss what having a Company doctor could do for your company.** What would it be worth to your bottom line? What if we told you it actually saves your company money!

#21 Safety Annual Training
Discuss how cool it would be to send employee reminders for annual training, OSHA exams, vaccinations, even birthdays.

Our computer system can do that for you and even send you a summary before and after to measure compliance.

#22 Workers Compensation
We get it. No off work and an Early Return To Work program keep folks working faster and safer. **Discuss Transitional Duty** and how much more productive your business would be having every injured employee doing some kind of work instead of suiting around at home getting deconditioned and taking pain pills.

square. Players roll a dice and move clockwise around the board. Each player goes around the board until one player has stopped on each square at least once or all the players are familiar with the concepts of each square.

Who Wins? Every one who plays and learns is a winner!

Once landing on a square the participant needs to take an action such as "Pick a card" or if there is no such requirement then they need to demonstrate knowledge

of that squares environment (of course their description helps other players hone what will be that participants description and it is up to the facilitator to make sure a different perspective is taken in order to ensure that each participant has enough knowledge to be "worthy to move" on and get credit for the square).

The bolded type is what actually happens when landing on the space.

YOU ARE INVITED to learn how to lower your company's healthcare costs by attending a seminar hosted by The Medical Corner and Dr. Robert Sussman, Hawaii's Company Doctor.

Besides saving money you will also be eligible to win prizes by "playing" an entertaining version of **The Company Doctor Game** seen in the December 2008 Hawaii Business Magazine Black book issue. Dr. Sussman guarantees **every company that attends will save time and money in 2009.** Prizes include FREE drug tests, Flu shots and Executive Physicals.

Please call 943-1111 or e-mail Onsite@TheMedicalCorner.com to hold your company's place at the table in Dave and Busters showroom between the hours of **11a.m. - 7p.m. on December 30, 2008.** Seating is limited!

#31 Let us be your Company Doctor
Sign up for our monthly newsletter and keep up with the changes and trends that are affecting your business. Let us help you keep your costs down and your company productive.

#30 Review for Savings
Lets talk money! Show us what you are paying now and we can **discuss ways to save your money on employee health costs.** These savings go right to your bottom line!

#29 Disease management
This is the most important space and most companies don't even know that it exists. The tip of the iceberg is 1/10th the cost. **Discuss how the bottom of the iceberg can sink your ship!**

#28 Online Care 24/7
We have webcams in each office so we can "see and treat" patients when they are on the job site. Avoid the ER or workday interruption. **Discuss how an online doctor can help your business.**

#27 Slip and Fall Risk Management
3rd party injuries can be a pain and not just to the injured but to the employer/ landowner and whatever other "responsible parties" can be drawn in. **Discuss advantages of early objective evaluation immediately upon notification of an injury.** We can help even if a Dr. Feelgood is involved.

#26 Real Time Access/Chronic Pain relief
No more waiting for a copy of the work slip. You can see it online anytime. **Discuss components of a successful chronic pain treatment program.** How about a comprehensive multidisciplinary program with objective measurements.

#25 Treatment Holdups
Discuss delays in getting treatment for injured employees. We can help starting with seeing the patient on the day of injury.

#24 Access to Records 24/7, First Aid
Employers can access their employees accounts 24/7 and see only pertinent info, no private information is shared. **PICK A SAFETY IDEAS WORK COMP vs. FIRST AID CARD** read the scenario out loud. **Discuss if the scenario is 1st aid or worker's compensation.** The answers are on the back of the card.

#23 Avoid Dr. Feelgood
Inexperienced with the system, or working it for their own benefit. Beware providers who prolong disability and increase your costs by ordering unnecessary tests and medications and prescribing too much time off work. **Discuss the Dr. Feelgoods impact on your workplace.**